



## BREAKFAST

<b>EGG &amp; BACON ROLL</b> .....	<b>14</b>
FREE-RANGE EGG, CRISPY SMOKED BACON, CHEDDAR CHEESE, TOMATO CHILLI RELISH [GFO]	
<b>CHORIZO ROLL</b> .....	<b>14</b>
PORTUGUESE CHORIZO, FREE-RANGE SCRAMBLED EGGS & CHEDDAR CHEESE ADD HOLLANDAISE (+\$2) ADD TOMATO CHILLI RELISH (+\$2) [GFO]	
<b>EGGS YOUR OWN WAY</b> .....	<b>15</b>
FREE-RANGE EGGS & BACON S/O ORGANIC SOURDOUGH	
<b>EGGS BENEDICT</b> .....	<b>23</b>
FREE-RANGE POACHED EGGS, SPINACH, BACON & HOLLANDAISE S/O ORGANIC SOURDOUGH [GFO]	
<b>SMASHED AVOCADO</b> .....	<b>23</b>
AVOCADO & DANISH FETA, FREE-RANGE POACHED EGGS, FRESH PICKED HERBS, WHITE SESAME & SUNFLOWER SEEDS [GFO][V]	
<b>AVO CRUSH</b> .....	<b>22</b>
FREE-RANGE POACHED EGGS, AVOCADO W/ RADISH, BLISTERED HEIRLOOM TOMATOES, FRIED BASIL, PUMPKIN HUMMUS, SESAME, BASIL & LEMON [V][DF][GFO]	
<b>SMASHED PEAS</b> .....	<b>21</b>
PEAS, MINT, RED PEPPER PURÉE, KALE FREE-RANGE POACHED EGGS, SMOKED SALMON EDAMAME & TOASTED SUNFLOWER SEEDS S/O ORGANIC SOURDOUGH [GFO]	
<b>CHILLI FETA EGGS</b> .....	<b>21</b>
SRIRACHA, SCRAMBLED EGGS, FRESH CHILLI, SPRING ONION, AVOCADO, GOATS CHEESE [GFO][V]	
<b>TORTILLAS</b> .....	<b>20</b>
SAVOURY MINCE, MANGO SALSA, AVOCADO, FREE-RANGE POACHED EGGS, SOUR CREAM & TOMATO SALSA	

<b>ELSTON FEAST</b> .....	<b>28</b>
FREE-RANGE POACHED EGGS, BACON, CHORIZO, SAUTÉED GREENS, PICKLED ONIONS, TOMATO & TOMATO CHILLI RELISH S/O ORGANIC SOURDOUGH [GFO]	
<b>POTATO HASH</b> .....	<b>24</b>
HAND-PRESSED POTATO HASH, CHORIZO & AVOCADO	
<b>MIXED MUSHROOMS ON RYE</b> .....	<b>22</b>
SEASONAL MUSHROOMS, CONFIT GARLIC PURÉE WHITE TRUFFLE OIL, POACHED EGG, PARMESAN CHEESE [GFO][V]	

## KIDS

<b>VANILLA HOTCAKE</b> .....	<b>10</b>
FRESH STRAWBERRIES & NUTELLA GANACHE	
<b>BACON &amp; EGG MUFFIN</b> .....	<b>8</b>
<b>FREE-RANGE EGG</b> .....	<b>10</b>
W/ BACON S/O SOURDOUGH	

## BOWLS & SWEETS

<b>VANILLA HOTCAKE</b> .....	<b>18</b>
HAZELNUT CRUMB, MERINGUE CHARDS, STRAWBERRIES & NUTELLA GANACHE [V]	
<b>AÇAI BOWL</b> .....	<b>17</b>
TOPPED W/ SEASONAL FRUIT, GRANOLA, COCONUT & CHIA SEEDS, BANANA, COCONUT WATER, AÇAI ADD PEANUT BUTTER (+\$2) [V][DF]	

## COFFEE & TEA

LOCALE 143 BEAN - THIS SEASONAL BLEND HAS NOTES OF CARAMEL, DARK CHOCOLATE AND HAZELNUT. LOCALE 143 IS FULL BODIED WITH MILD ACIDITY AND A BALANCED FINISH.

**COFFEE** .....

**REG 4 /LGE 5**

CAPPUCCINO, FLAT WHITE, LATTE, LONG BLACK, MOCHA, HOT CHOCOLATE & CHAI LATTE

ESPRESSO, PICCOLO LATTE ..... **3.5**

ICED COFFEE/MOCHA ..... **7.5**

ICED LATTE/BLACK ..... **7.5**

ICED CHOCOLATE ..... **7**

**SPECIALITY TEA BAGS** .....

**5**

ENGLISH BREAKFAST, EARL GREY, GREEN PEPPERMINT, CHAI, CHAMOMILE, LEMONGRASS & GINGER

### MILK & SYRUPS

FULL CREAM MILK, SKIM MILK

LACTOSE FREE, SOY, ALMOND, OAT .. **0.5**

HONEY ..... **0.3**

CARAMEL, HAZELNUT OR VANILLA ... **0.5**

## FRESH JUICE

**FRESHLY SQUEEZED JUICES** .....

**8.5**

ORANGE, APPLE, PINEAPPLE OR WATERMELON

**TROPICANA** .....

**9**

WATERMELON, PINEAPPLE & ORANGE

**FRESH'N UP** .....

**9**

PINEAPPLE, APPLE & MINT

**GARDEN GOODNESS** .....

**9**

APPLE, CELERY, CUCUMBER, BEETROOT & CARROT

## SMOOTHIES

**BERRIES BY THE BEACH** .....

**9.5**

BERRIES, VANILLA ICE CREAM & APPLE JUICE

**BANANAHEAD** .....

**9.5**

BANANA, HONEY, MILK, CINNAMON & VANILLA ICE CREAM

**MILKSHAKES** .....

**8**

CHOCOLATE, CARAMEL, STRAWBERRY, VANILLA OR BANANA

## SIDES

TOMATOES (ROASTED/FRESH) .....	<b>3</b>
AVOCADO HALF .....	<b>5</b>
HALLOUMI .....	<b>5</b>
MUSHROOMS .....	<b>5</b>
AVOCADO & DANISH FETA .....	<b>5</b>
CHORIZO .....	<b>5</b>
BACON .....	<b>5</b>
SMOKED SALMON ..	<b>8</b>
FREE-RANGE EGG .....	<b>3</b>

### BREAD (2PCS)

ORGANIC SOURDOUGH .....	<b>4</b>
DARK RYE .....	<b>4</b>
GLUTEN-FREE .....	<b>5</b>

### SAUCES

HOLLANDAISE .....	<b>2</b>
TOMATO CHILLI RELISH .....	<b>2</b>

@ELSTONBAR

@ELSTONSURFERS

ELSTONBAR.COM.AU



ELSTON

SOUL. SURFERS PARADISE BEACH